No Longer Living in Fear

I have been reflecting on fear and its positive and negative side effects recently. It’s interesting how from a very young age, we recognise fear. Babies rarely show fear, but as they grow in awareness they often show fear of new situations or people, fear of the unknown as they are learning to cope with their world.

At the beginning of the new school year Foundation students can be fearful of unknown staff and bigger students. Students can be fearful of test situations or difficult work. They can be fearful of not finding a friend to play with at playtime, or of making mistakes in their work.

As we get older our fears may become more specific – fear of spiders (or in my case big moths!) or heights. As teenagers we can fear standing out and not being noticed at the exact same time! And as adults we fear many aspects of our lives – are we a good enough parent, are we providing enough for our family, are we giving enough time to our children/partner/parents/job, and so on.

Fear is developmentally appropriate for children, and is also a normal psychological response; it is actually necessary to give us warning signals of possible danger. However it can also grow from anxiety about a situation into a fear that can consume our very selves, and be debilitating to the point of stopping us from living.

Psychologists tell us that the best way to face fears is head on, to put ourselves in the very situation that we fear, and to gently and gradually expose ourselves to a fearful situation and learn to cope with it. For instance a child that all of sudden starts to fear climbing should be exposed to this situation gently, with both emotional and physical support and scaffolded by talk that encourages them to face their fears.

But the best antidote to fear? It’s love. When we feel and know we are loved, unconditionally, we are much better equipped to face our fears head on and to overcome our fears on a daily basis.

The Bible says this about fear, particularly fear in regard to what happens at the end of our life, in 1st John 4:17-19:
THOUGHTS/ PRAYERS & THANK YOUS

• Lord, we pray for those at are currently ill or fighting illness. Place your healing hand over them Lord.

PRAYER FAMILIES

Evans
Evans
Farrugia
Feddersen-Lewis
French
Frenzel
Fuller
Gifford
Gladigau
Godwin

SECOND HAND UNIFORM SHOP

Opening Times
Tuesday 3:15pm to 3:45pm
Friday 8:30am to 9am

LLL STUDENT BANKING

Every Tuesday

Term Dates
Term 1 1st Feb – 15th Apr
Term 2 2nd May – 8th July
Term 3 25th July – 30th Sep
Term 4 17th Oct – 16th Dec

Devotion Cont.

God is love. When we take up permanent residence in a life of love, we live in God and God lives in us. This way, love has the run of the house, becomes at home and mature in us, so that we’re free of worry on Judgment Day—our standing in the world is identical with Christ’s. There is no room in love for fear. Well-formed love banishes fear. Since fear is crippling, a fearful life—fear of death, fear of judgment—is one not yet fully formed in love. We, though, are going to love—love and be loved. First we were loved, now we love. He loved us first.

We need not fear, as God’s love for us is absolute and unconditional. We can have confidence in this because of our Saviour Jesus. When we or our children are fearful, may we face that fear head on and use love to conquer and drive out our fear, remembering that God goes is with us at each step, and is ready for what we face.

May God bless your week,
Kathryn

START SMART

We recently welcomed Start Smart to St Jakobi, to provide their financial education workshops to our Years 2 to 7 students. Delivered to students by a facilitator, Start Smart changes the way young people learn about money. The interactive sessions, which focussed on aspects of money management, were engaging and fun, aiming to equip the students with the confidence and competence they need to make smart decisions about money.

The Start Smart Program is an initiate of the Commonwealth Bank, in its mission to improve the financial literacy of Australia’s young people, and is funded by the bank and delivered free to our students. For more information on the program and the contents of each of the workshops we encourage you to visit www.startsmart.com.au.

Hats

We still have some students who do not consistently have their hats at school. Our Sun Smart Policy requires our students to wear hats for all outside activities in Terms One and Four. Students without a hat are required to sit up on the verandah in the shade, meaning they miss valuable physical activity time. Can you please ensure your child has a named hat at school, so that we can care for your child’s skin into their future.

Kitchen Lessons

Whilst there is a mention of this and photos later in our Newsletter, I would like to give my personal thanks to Chef Owen Andrews of Owen Andrews Catering here in the Barossa. Owen willingly stepped into the breach when needed so that our students didn’t miss out on their kitchen lesson. He shared his knowledge and expertise with our Year 4/5 students and supplied many fresh, gourmet ingredients during the lesson for the students to experience. Owen, on behalf of us all, we loved having you come in for Kitchen lessons, and thank you for the amazing experience you gave our students.

THANK YOU!
A friendly reminder parents regarding student if late or absent.

**Arriving late**
- Please present to the front office to sign students and receive your late card
- Pass the late card onto the class teacher when arriving in class

**Absent/ unwell**
- Please notify the front office directly by 9:30am. (Please avoid visiting teachers in the classrooms to notify them as they are preparing student and the class for the day ahead). You can inform us by email, phone or the absentee for on the Skoolbag App.

**Planned absence**
- Notify the front office of your expected days of absence and if appropriate seek approval before extended leave.
School Captains & SRC Representatives

Friday 19th of February students were inducted as School Captains and SRC representative. Congratulations to all students.

Bible Presentation

On Friday 26th of February, year 4 students new senior students received their bibles.

Everyone enjoyed a lovely morning tea and St Jakobi would like to thank the Lyndoch Women’s Guild for donating the bibles and presenting them to the students.

Canberra Camp Meeting

Inviting parents of students attending Canberra this year.
Tonight Wednesday 2nd March at 7pm in the 6/7LA Classroom
Parent Teacher Interviews

Term 1 Parent Teacher Interviews
My sincere apologies – every now and then I make a mistake or oversight and wonder how I did it! I somehow managed to put the second night of interviews on Maundy Thursday! We have since adjusted the dates, and interviews will occur on **Tuesday 22nd and Wednesday the 23rd March**. Please note that interviews are **compulsory for all families** – it is part of our accountability to you as parents that we report to you about achievement to date and discuss goals and strategies, so that we can work together for the best for your child. Instructions for booking interviews will be released soon.

PARENT TEACHER INTERVIEWS

Please note a change of date for Parent Teacher Interviews.

Tuesday 22nd and Wednesday 23rd of March

Interview bookings will open soon via email.

Class Carer Meals

<table>
<thead>
<tr>
<th>Term 1, 2016</th>
<th>Term 2, 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/3 N 6/7 LA</td>
<td>FS 4/5 L</td>
</tr>
<tr>
<td>Term 3, 2016</td>
<td>Term 4, 2016</td>
</tr>
<tr>
<td>1 C 6/7 A</td>
<td>4/5 PM 2/3 P</td>
</tr>
</tbody>
</table>
Guest Chef – Stephanie Alexander Kitchen

We have been extremely blessed to have had Barossa ‘celebrity chef’ Owen Andrews join us for the first 3 weeks of the Stephanie Alexander Kitchen Garden Program.

The students enjoyed learning knife skills obtaining their knife licence, imagination salad, panna-cotta, salmon served in a Chinese spoon, onion jam tarts, and fig with goat’s cheese.

Thank you Owen from the Students, staff and volunteers at St Jakobi.
SPORTS DAY
Friday 1st April

- On the St Jakobi Oval
- Picnic atmosphere & family activities
- Sports day platters available via pre order from the Canteen
- P&F Stall (Coffee available during breaks)

St Jakobi
LUTHERAN SCHOOL

keep the faith
Open Day Wednesday March 16

We’re excited about the future. Come to our Open Day and experience how we keep the faith. For all the details visit faith.sa.edu.au or call 8561 4200.
MARCH 2016

<table>
<thead>
<tr>
<th>Church Year</th>
<th>Lyndoch</th>
<th>Rowland Flat</th>
</tr>
</thead>
<tbody>
<tr>
<td>Midweek</td>
<td>Parish</td>
<td></td>
</tr>
<tr>
<td>2 March</td>
<td>Rev P Hannon</td>
<td>7.30am</td>
</tr>
<tr>
<td>Lent 4</td>
<td>Lyndoch</td>
<td>Simple spoken HC</td>
</tr>
<tr>
<td>6 March</td>
<td>HC</td>
<td>10.30am</td>
</tr>
<tr>
<td>Midweek</td>
<td>Parish</td>
<td></td>
</tr>
<tr>
<td>9 March</td>
<td>Rev G Bakovs</td>
<td>7.30pm</td>
</tr>
<tr>
<td>Lent 5</td>
<td>Worship</td>
<td>Morning Praise</td>
</tr>
<tr>
<td>13 March</td>
<td></td>
<td>9am</td>
</tr>
<tr>
<td>Midweek</td>
<td>Parish</td>
<td></td>
</tr>
<tr>
<td>16 March</td>
<td>Rev J Thiel</td>
<td>7.30pm</td>
</tr>
<tr>
<td>Palm Sunday</td>
<td>HC + Lunch</td>
<td>Traditional spoken HC</td>
</tr>
<tr>
<td>20 March</td>
<td></td>
<td>9am</td>
</tr>
<tr>
<td>Maundy Thursday</td>
<td>Parish HC</td>
<td>10.30am</td>
</tr>
<tr>
<td>24 March</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Good Friday</td>
<td>Parish</td>
<td></td>
</tr>
<tr>
<td>25 March</td>
<td></td>
<td>9am</td>
</tr>
<tr>
<td>Easter Sunday</td>
<td>Community service</td>
<td>Easter Worship HC (Guest)</td>
</tr>
<tr>
<td>27 March</td>
<td>Lyndoch Institute</td>
<td>9.30am</td>
</tr>
<tr>
<td></td>
<td>Easter Worship</td>
<td>9am</td>
</tr>
</tbody>
</table>

*PLEASE NOTE: WORSHIP PROGRAM SUBJECT TO CHANGE*

---

**New St Jakobi P&F Event for 2016**

In July 2016, St Jakobi will be hosting Barossa’s very own Lego Fan Event! This event concept, which is hugely popular in Australia and around the world, showcases exhibits amazing brick creations and displays. Exhibitors from the local Southern Bricks Lego Group will generously give out of their time to build our school with lego sculptures, trains, mosaics, remote control monster trucks, technic models, and a large Star Wars display. Of course St Jakobi’s Lego Mindstorms robotics kits will be in action too. Some hands on robotics fun! Coffee, donuts and lunch available for purchase. Hands on play areas for all ages. Spread the word to family and friends and “Like” Brick Barossa on Facebook!

---

**Fridays**

9.30am — 11am  
**Activity Hall**

We would love you to see you there.  
Join us for a cuppa and a chat, while we let the children play together.

For More Information  
Contact:  
Renae m: 0432 527 431  

---

**Messy Church**

Friday 4 March  
2016  
5 pm to 6.30 pm  

Everyone Welcome!

**Special Guest**  
**Chris Jaensch**

Chris’ live presentations are bright and entertaining, thought provoking (even fresh) new ways to look at life as a Christian and interactive. Mums and Dads and older folk along with the kids, enjoy being involved.

**Craft Activities**

**Worship Concert**

**Sausage Sizzle**

---

**Lyndoch Primary School**  
Achieving Together

---

**MUSIC TEACHER** - Kathryn Trevilyan, 0466 633 565 (teaching flute, piano, clarinet, saxophone and recorder)