Fruit Salad with Lemon-Poppy Seed Dressing

Serves 6-8

Equipment:

Lg bowl
Chopping board
Knife
Juicer
Sm glass bowl
Tablespoon
Stirring spoon
Ingredients:
1 pineapple
500gm strawberries
4 kiwis
1 rockmelon
1 bunch grapes
1 lemon
2 tablespoons honey
1 tablespoon poppy seeds

What to do:

Peel and cut the pineapple, rockmelon and kiwi fruit into bite-sized cubes.

Rinse the strawberries thoroughly, hull them, and cut the big strawberries into quarters, and the smaller ones in half for bite sized pieces.

Rince the grapes and slice in halves.

Combine all the prepared fruit in a large mixing bowl.

Melt honey in sm glass bowl in microwave.

Squeeze the lemon in a juicer and add to the honey to make a dressing.

Pour dressing over fruit and gently stir to combine.

Sprinkle with poppy seeds.