God knows and loves each one of our children!

Oh God, you know my child inside and out, through and through.
Everything they do,
every thought that flits though their mind,
every step they take,
every plan they make,
every word they speak,
You know even before these thinks happen.
You know my child’s past;
You know my child’s future.
Your enveloping presence covers my child’s every move.
Your knowledge of my child sometimes comforts me,
sometimes frightens me
but it is always far beyond my comprehenson.

There is no way to escape You, no place to hide.
If my child ascends to the heights of joy,
You are there before them.
If my child plunges into the depths of despair,
You are there to meet them.
They could fly to the other side of the world
and find You there to lead the way.
They could walk into the darkest night,
only to find You there
to lighten its dismal hours

You were present at my child’s conception.
You guided the moulding of their unformed limbs
Within my body.
Nothing about my child, from beginning to end,
has been hidden from your eyes.
How frightfully, fantastically wonderful it all is!

May your all-knowing, everywhere-present Spirit
Continue to search out my child’s feelings and thoughts.
Deliver my child from that which may hurt or destroy them,
And guide them along the paths of love and truth.

A paraphrase of Psalm 139
Based on the work by Leslie Brandt
THOUGHTS/ PRAYERS & THANK YOUS

- We pray for Robbie and hope he returns to full health again.

PRAYER FAMILIES

Jaensch Karlson
James Emjay, Billie
Jericho Lachlan, Nathan, Mitchell
Johnson Jayden
Jones Lachlan
Kazla Emily
Knowles Kasey
Koch Claire, Georgia
Koch Emily
Koch Katie

SECOND HAND UNIFORM SHOP

Opening Times
Tuesday 3:15pm to 3:45pm
Friday 8:30am to 9am

LLL STUDENT BANKING

Every Tuesday

TETRM DATES 2014

Term 1
Tues 28th Jan to Fri 11th Apr

Term 2
Tues 29th Apr to Fri 4th July

Term 3
Tues 22nd Jul to Fri 26th Sep

Term 4
Mon 13th Oct to Wed 10th Dec

PRINCIPALS REPORT

Needed urgently – can you help?

St Jakobi is about to begin the Stephanie Alexander Kitchen Garden Programme with the Year 3/4 and 4/5 classes. This programme includes a cooking lesson one week, using the produce from the garden, and a gardening lesson the other week. The program provides two day’s training and all resources and materials for the program, and is run in conjunction with the classroom teachers. Whilst we have a wonderful volunteer to oversee the cooking program, we have just lost our garden volunteer due to a change in employment. If there are any parents who are passionate about gardening and are able to volunteer one ½ day per week, and who would consider taking this role on, please contact Kathryn asap. The two workshop days we are booked into are in the last week of Term 1, the 8th and 9th of April.

If there are any other parents who would like to volunteer to help out on a rostered and more occasional basis, please also let me know as we would love some extra pairs of hands.

Volunteering at St Jakobi – Valuing Safe Communities Training

Along with the new and more thorough police checks which now need to be undertaken to volunteer at St Jakobi, and in line with child-safe and Lutheran Schools requirements, all parents volunteering to work with children or on the school grounds whilst children are present will also need to do a short course on working safely with children – “Valuing Safe Communities”.

Lutheran schools continually seek to ensure that each member of the school community, but especially our students enjoys a positive, safe, healthy and respectful experience. Valuing Safe Communities is one way of making this happen.

St Jakobi will now be offering these short courses on a semi-regular basis. Once one course is completed, a certificate will be issued that will last 3 years. The course runs for approximately 3 hours, and will be held in the Valley of Hope Centre.

The first batch of sessions will be held on the following dates:
Tuesday 1st April at 5pm (Term 1)
Friday 11th April at 10:15am (after Chapel and coffee!) (Term 1)
Tuesday 29th April at 7pm (Term 2)

Did you know?

At P&F we have been talking about after school sport clubs, due to the Lego Mindstorm Club starting up.

Did you know that the Active After School Sports program, of which St Jakobi is participant, is a government initiate aimed at getting students moving and trying out a range of sports so that they can then go on to get involved in the ones they enjoy as they get older.

Active After School Sports is subsidised by the government – through the program suitably skilled and qualified coaches are found and paid for their time, and the cost of fruit as a healthy snack is provided within the program. The school also receives a small grant with which we can purchase sport equipment to support the program, and which we then get to keep and utilise in our PE skills lessons and fitness activities.
PRINCIPALS REPORT Cont…

Because our teaching staff volunteer their time to supervise our students on top of their normal duties, because we have wonderful grounds on which to hold Active After School Sports, and because of the government subsidies, there is no cost to our parents for children to take part.

A big thank you must go to Mr Ian Lange, who ensures that the program runs throughout the year to give students a variety of opportunities to try different sports and be active, all in a way that is convenient to our school’s parents.

We are very excited about the opportunities that the new Lego Mindstorms Club will also bring to our Year 4 to 7 students, and I thank Mr Brad Mundt and Mr Lange for the gift of their time, which they are so generously donating for the benefit of our students.

Awareness and Vigilance
This week saw an emailed note go home regarding two attempted child abductions in recent weeks. I again urge members of our community to keep eyes and ears open when travelling to and from school. If you drive to and from the direction of Lyndoch, please keep an eye out for those students who walk to and from school along the walking track. If you see anything you are uncomfortable about, hang around to check it out, take down number plates, ring the school or if particularly concerned ring police direct. We can go a long way to keeping our students safe simply by being vigilant.

Bag lockers
If you have been able to come in to school in recent days, you will have seen the new bag lockers outside the Year F, F/1 and 1/2 classrooms. A fourth one is coming for Year 2/3 next week. This is phase one of this initiative, the purpose of which is to remove the current bag hooks, which have the potential to be quite dangerous for students as they move around the school. The blue colour will match the classroom trims once they are painted in the upcoming holidays.

Pupil Free Day
Don’t forget that there is a pupil free day on the first day of Term 2, Monday 28th April. This day had been set aside to work with Mr Neil Mackay, a specialist from the UK who works closely with dyslexic students, as St Jakobi is now working towards accreditation as a Dyslexia Aware School. However Mr Mackay let me know recently that he is now no longer able to be in Australia at this time due to family matters, and will reschedule as soon as he can. We will go ahead with the pupil free day, as we have other goals we are working to reach this year.

However the next pupil free day, usually the first day of Term 3, will probably need to be moved to fit in with Mr Mackay’s visit, and probably won’t fit neatly into the beginning or end of the holidays. It may mean a long weekend during term time. I ask for parents’ understanding of this – we have an amazing opportunity in having Mr Mackay here exclusively at St Jakobi, one which I do not want to bypass. I will work to give parents as much notice as possible.

Advance Notice – Vacation Care closure for 1 day.
Normally we would offer vacation care on the pupil free day. However our OSHC staff have the chance to take part in a fantastic professional development opportunity on this day, Monday 28th May. As opportunities in this field are so rare, and because the children will benefit in the long term due to a further raising of the quality of our OSHC, I have given the ok for OSHC to be closed on this day so that staff can attend the workshop. My sincere apologies to families who this will inconvenience. Vacation Care will be in operation as normal in the holidays, except for public holidays.

Easter Book Fair

Date: Thursday 27th March to Friday 4th April
Times: 8.30—9.00 am daily
Place: Lunchtime on sports day

Valley of Hope Centre

May God bless your week,
Kathryn
STUDENT SPORTS REPORT

SAPSASA SWIMMING

Congratulations to Leticia Semmler and Austin McDonald, who represented the Barossa and Light District at the SAPSASA Country Swimming Championships held in Adelaide last Friday. Leticia swam Backstroke in the Medley Relay and in an individual race, and finished in the top 10 in her age group. Austin swam in the 10 year old boys Freestyle Relay, and won a silver medal. It was an amazing experience for both athletes and they should be extremely proud of their achievements.

STATE ATHLETICS CHAMPIONSHIPS

Last weekend, a number of St Jakobi students, who are also members of the Lyndoch and Districts Little Athletics Club, competed in the State Individual Athletics Championships held in Adelaide. Congratulations to Daniel Bussenschutt, Austin McDonald, Maddie Saunders, Ryan Sibbick and Emily Koch, on reaching this level of competition. This event is the equivalent of a Grand Final in the world of Athletics, with athletes striving throughout the season to meet and surpass the set qualifying standards, in order to compete at these championships. A very special congratulations to Emily, who was competing for the first time and won a bronze medal in U/9 girls Discus!! Well done to these students on their amazing performances.

St Jakobi Lutheran School
Vacation Care Program - April 2014

<table>
<thead>
<tr>
<th>Monday 14th April</th>
<th>Tuesday 15th April</th>
<th>Wednesday 16th April</th>
<th>Thursday 17th April</th>
<th>Friday 18th April</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zoo day</td>
<td>Cooking &amp; Craft</td>
<td>Excursion Barossa Bowland</td>
<td>Easter Fun</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Monday 21st April</th>
<th>Tuesday 22nd April</th>
<th>Wednesday 23rd April</th>
<th>Thursday 24th April</th>
<th>Friday 25th April</th>
</tr>
</thead>
<tbody>
<tr>
<td>PUBLIC HOLIDAY</td>
<td>Music Video Making</td>
<td>Paint your T-Shirt and a cup</td>
<td>ANZAC Day at OSHC</td>
<td></td>
</tr>
<tr>
<td>Easter Monday</td>
<td>Bring a funky outfit and create your Music-Video using an iPad from OSHC. Movie: Camp Rock.</td>
<td>Draw a picture on your T-shirt and paint it with special paint. Movie: The Flintstones.</td>
<td>Create your own army medal, complete an obstacle circuit and paint a camouflage mask. Movie: A Bug’s Life</td>
<td></td>
</tr>
</tbody>
</table>
ST JAKOBI SPORTS DAY
Friday 28th March 2014

9:00am Chapel
9:45am Sport Day Opening: Welcome/ ‘Team Chants’
10:00am Tabloid Events: Class Rotation

<table>
<thead>
<tr>
<th>Time</th>
<th>F/P</th>
<th>F /1S</th>
<th>1/2S</th>
<th>2/3N</th>
<th>3/4/P</th>
<th>4/5L</th>
<th>6/7LA</th>
<th>6/7A</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00</td>
<td>Bean Bag</td>
<td>Accuracy</td>
<td>Soccer Kick</td>
<td>Catch</td>
<td>10:00</td>
<td>Obstacle</td>
<td>Accuracy Kick</td>
<td>Hurdles</td>
</tr>
<tr>
<td>10:15</td>
<td>Jump</td>
<td>Bean Bag</td>
<td>Accuracy</td>
<td>Soccer Kick</td>
<td>10:15</td>
<td>Long Jump</td>
<td>Obstacle</td>
<td>High Jump</td>
</tr>
<tr>
<td>10:30</td>
<td>Soccer Kick</td>
<td>Jump</td>
<td>Bean Bag</td>
<td>Accuracy</td>
<td>10:30</td>
<td>Hurdles</td>
<td>Long Jump</td>
<td>Obstacle</td>
</tr>
<tr>
<td>10:45</td>
<td>Accuracy</td>
<td>Soccer Kick</td>
<td>Jump</td>
<td>Bean Bag Throw</td>
<td>10:45</td>
<td>Accuracy Kick</td>
<td>Hurdles</td>
<td>Long Jump</td>
</tr>
</tbody>
</table>

RECESS 11:00 to 11:25am

11:30pm Sprints: Foundation to Yr. 1 - All running in their year level
Yr. 2 to Yr. 7 - Year level representatives will be running (2 Girls & 2 boys/ Year level/ House)

12:00 noon Class Relays:

<table>
<thead>
<tr>
<th>Class</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foundation</td>
<td>Hackey Sack Relay</td>
</tr>
<tr>
<td>Foundation/ Yr. 1</td>
<td>Superman Tunnel Ball</td>
</tr>
<tr>
<td>Year. 1/2</td>
<td>Tunnel/Overs</td>
</tr>
<tr>
<td>Year. 2/3</td>
<td>Captains Ball</td>
</tr>
<tr>
<td>Year. 3/4</td>
<td>Corner Spry</td>
</tr>
<tr>
<td>Year. 4/5</td>
<td>Spoke Relay</td>
</tr>
<tr>
<td>Year. 6/7LA</td>
<td>‘life be in it’ Medley</td>
</tr>
<tr>
<td>Year. 6/7A</td>
<td>‘life be in it’ Medley</td>
</tr>
</tbody>
</table>

12:30pm Pre-Schoolers Fun Run: Please listen for announcement

LUNCH 12:40 to 1:05pm

1:10pm Fun Relays Combined Yr. F to Yr. 7 - Half ‘dress up relay’ other half ‘water bucket relay’
*Preference to students who may not be in their class loop relay.

1:40pm Distance Run:

<table>
<thead>
<tr>
<th>Race 1</th>
<th>Race 2</th>
<th>Race 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year. 2/3 Boys &amp; Girls</td>
<td>Year. 4/5 Boys &amp; Girls</td>
<td>Year. 6/7 Boys &amp; Girls</td>
</tr>
<tr>
<td>1 small lap</td>
<td>1 large lap</td>
<td>1 large lap</td>
</tr>
</tbody>
</table>

2:00pm Loop Relays Class Modules (F/1) (1/2/3) (3/4) (4/5) (6) (7)
2:25pm Staff/Parent Race Warm up & race
2:40pm Presentation Prep Pack up, tidy grounds, sit in team bays
3:00pm PRESENTATION Report to class teachers after the presentation
Term 1, 2014
2/3 Miss Nappa
6/7 Mr Lange & Mrs Ahrens

Term 2, 2014
F Ms Patterson
4/5 Mrs Lowke

Term 3, 2014
3/4 Miss Juers
& Ms Pisano
6/7 Mr Adler

Term 4, 2014
F/1 Mrs Schultz
1/2 Mrs Schaefer

**PLEASE NOTE: WORSHIP PROGRAM SUBJECT TO CHANGE**

Pastor: Paul Hannola
Office: 8524 5100
Mobile: 0477 033 230
Email: paul.hannola@kea.org.au

**LYNDOCH LUTHERAN PARISH**

** TERM 1, 2014 **

<table>
<thead>
<tr>
<th>Church Year</th>
<th>Lyndoch</th>
<th>Rowland Flat</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lent 5</td>
<td>HC</td>
<td>Simple spoken HC</td>
</tr>
<tr>
<td>6 April</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Palm Sunday</td>
<td>Worship</td>
<td>Morning Praise</td>
</tr>
<tr>
<td>13 April</td>
<td>10.30am</td>
<td></td>
</tr>
<tr>
<td>Maundy Thursday</td>
<td>Parish HC</td>
<td></td>
</tr>
<tr>
<td>17 April</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Good Friday</td>
<td>18 April</td>
<td>Parish HC</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Easter Sunday</td>
<td>20 April</td>
<td>Community Worship with Hot cross buns</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Easter 2</td>
<td>27 April</td>
<td>Worship</td>
</tr>
<tr>
<td>Easter 3</td>
<td>4 May</td>
<td>HC</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Simple spoken HC</td>
</tr>
</tbody>
</table>

**LYNDOCH LUTHERAN PARISH**

** APRIL 2014 **

Palm Sunday | 13th April | 9am Rowland Flat - traditional | 10.30am Lyndoch
Easter Thursday | 17th April | 7.30pm Lyndoch | Sharing Jesus’ last meal
Good Friday | 18th April | 9am Rowland Flat | Leaving our trash at the cross

**EASTER SUNDAY | NEW LIFE! | 20th April**

8.30am Rowland Flat - traditional
10am Lyndoch Institute | Annual community Easter service | Our band plays live | Hot cross buns, tea and coffee afterwards

**SAPSASA CROSS COUNTRY**

Wednesday 21st May 2014
Angaston Recreation Park

Open to all 8-13 yr. old (turning 8-13 this year)

Cost: $10  Transport: Bus.

Teams: 3 students from each age group make a team.

Events:
- 8-9 yr. olds 1500m (4 of our big laps at school)
- 10 yr. olds 2000m (5 of our big laps)
- 11 yr. olds 2500m (6 of our big laps)
- 12/13 yr. olds 3000m (7 of our big laps)

Awards: Certificates for all runners. Add distance to our jog totals.

Special Awards: For individuals and teams who finish 1st, 2nd and 3rd.

To register: A consent form will be sent home to each family and please return it to the front office by the end of week 1 term 2 (Friday 2nd May)
<table>
<thead>
<tr>
<th>DATE AND TIME</th>
<th>EVENT/FUNDRAISER</th>
<th>COORDINATOR/S</th>
<th>HELP REQUIRED / INFORMATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon 24 Mar 2014</td>
<td>St Jakobi P &amp; F Committee Meeting held in</td>
<td>Fi Jones – 0419 853 846</td>
<td>All welcome!</td>
</tr>
<tr>
<td></td>
<td>the Heloise Meeting Room, St Jakobi</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fri 28 Mar 2014</td>
<td>Sports Day</td>
<td>Fi Jones – 0419 853 846</td>
<td>Thank you to everyone who has so far pledged donations for Friday. If you are able to donate some baked items or your time to help serve at recess and lunch on the day, please return your slips to the front office or contact Fi Jones ASAP. Thank you.</td>
</tr>
<tr>
<td></td>
<td>P&amp;F will sell donated baked items together with cold water, tea, coffee and Milo.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thu 27 March 2014</td>
<td>Tesselaar Bulbs</td>
<td>Mel Menadue – 0425 177 713</td>
<td>Order forms were due back on Tuesday 25 March 2014 but we have extended the cut off date to Thursday 27 March 2014. Please return your orders together with payment to the front office ASAP. Thank you.</td>
</tr>
<tr>
<td>Tue 1 April 2014</td>
<td>St Jakobi P &amp; F Committee Meeting held in</td>
<td>Fi Jones – 0419 853 846</td>
<td>All welcome!</td>
</tr>
<tr>
<td></td>
<td>the Heloise Meeting Room, St Jakobi</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thu 1 May 2014</td>
<td>Special Ladies’ Day Stall</td>
<td>Julia Emms – 0408 842 243</td>
<td>If anyone is able to help Julia set up, serve and/or pack up on the day, please let her know.</td>
</tr>
<tr>
<td></td>
<td>Goodies will be on offer for St Jakobi students to purchase for their Mums/ Grandmothers/ Special Ladies</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fri 23 May 2014</td>
<td>Walk Safely To School Day</td>
<td>TBA</td>
<td>P &amp; F will provide hot Milo on arrival at school for the walkers.</td>
</tr>
<tr>
<td>Fri 23 May 2014</td>
<td>Australia’s Biggest Morning Tea</td>
<td>Kaylene Jaensch – 0401 122 160</td>
<td>P &amp; F will donate all funds raised to the Cancer Council. Families are asked to come along and share a cuppa and some morning tea and donate a gold coin towards the Cancer Council.</td>
</tr>
</tbody>
</table>

**GENERAL NEWS**

**St Jakobi Open Day – Fri 14 May 2014**
Thank you to the P&F members and families and staff who donated baked items for the Open Day. Thanks also to everyone who helped set up, serve and clean up on the day.

Have a great fortnight.

Kind regards and blessings

Fi Jones and the P & F Committee
NAB AFL AUSKICK INFORMATION

NAB AFL Auskick is an introductory program to the game of Australian Rules Football for primary school girls & boys. The program aims at teaching participants the basic skills of Australian Football with an emphasis on fun activities conducted in a safe & friendly environment.

All boys & girls are welcome. Parents are most welcome to attend & join in & have some fun with the kids.

To find out more details about your closest centre & register long onto www.aflauskick.com.au. Informational flyers are also available at the front office.
THE NEW RULE
EVERY PARENT
NEEDS TO KNOW

Have you ever heard yourself say to your children, “Don’t talk to strangers?”

An honest person will likely admit that at some time in their childhood, they were given this rule. In fact, many parents will admit they continue to pass this rule onto their own children. Yet, in the same breath, we might encourage our children to talk to the supermarket cashier, the salesperson or the long lost relative. All of these people fit the definition of a stranger, but for some unknown reason it is okay for the child to talk to them. At best, this rule sends mixed messages to our kids.

There is a strong shift away from the old rule of “never talk to strangers” to “never go anywhere with anyone without asking permission first”. A child who has been taught to never talk to strangers may feel they have nowhere to go if they find themselves lost in a shopping centre or other public place.

As parents we need to emphasise who is a “stranger”. Your definition and your child’s may be quite different. Engage with your children to help them understand that a stranger is simply someone whom they do not know. We do not know if someone is good or bad just by looking at them. Rather, we need to teach our children about “strangeness”.

Five ways to enforce the new rule:

1. Never go anywhere with anyone without asking permission first
   This is the new fundamental rule to keeping kids safe. This rule must NEVER be broken. Regardless of if it is a school, public or family function, work with your children to ensure they always ask an adult for permission before going off with ANYONE.

   Classic “what if” scenarios are worth their weight in gold. “You are at school and walking back to class after snack when a man comes up to you and says he is looking for his son’s class. He asks you to go with him to show him where it is. Do you go?”

   Use tempting scenarios that are relevant to your child, such as puppies or toys, and discuss safe options and strategies in each case.
2. Your personal alarm
Children have an innate sensitive personal alarm, which we can teach them to use. This is their natural defence system. Work with them to identify and recognise the physical and environmental signals that cause their alarm to sound. Knowing that a rush of adrenaline will cause physiological changes in our bodies and activate our personal alarm is a good start. A child’s personal alarm will present the same physical and emotional cues that an adult’s will.

3. Trust your instincts
Have you ever gotten “the creeps”? Maybe it’s the idea of snakes, mice or heights that does it for your child. Encourage them to draw on how it feels when they get the creeps. Instincts are those feelings you get when something or someone makes you feel uncomfortable. Instincts are the physiological changes that happen to our body when our personal alarm goes off. Physiological changes include noticing that you feel scared or nervous, your tummy feels upset and your heart is racing. And you know what? Our personal alarm is right 100% of the time.

4. Personal space vs. safety zone
Most kids understand the concept of personal space. How many times have we heard, “Stop invading my personal space!” Most people feel comfortable within an arm’s length of others. However, do your kids recognise their safety zone? Teach your child to be aware of their surroundings. If a “strange” person is too close, suggest they back away and maintain their safety zone. A safety zone is much bigger than your personal space – at least three giant steps bigger.

5. Safe places, safe people
There are times when a child must ask for help quickly and instinctively. We already know that not all strangers are bad, that most strangers will help a child who is lost or upset. It is situations that are safe, not places. Talk with your child and reinforce that he or she must ALWAYS use his or her skills with ALL people, including those presumed safe. Encourage your child to tell an adult they trust when someone or something has frightened them.

As parents we need to empower our children with self-confidence and trust in their ability to sense when something is just not right. It doesn’t matter if they can articulate it; they just have to feel it.

Catherine Gerhardt, Kidproof Melbourne
Kidproof provides proactive and preventative child and family education programs. We work with schools, community groups and other child centric organisations. We provide peace of mind for parents and create safer communities for everyone.

- www.kidproofsafety.com.au
- melbourne@kidproofsafety.com
- 1300 577 663