

# Service Menu

Season: Summer

Week 4

WEEK 4	FOOD/ DRINK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	<i>Children may have breakfast from home or be charged \$2 for breakfast provided. Breakfast served before 8am.</i>					
MORNING TEA	FOOD	Fruit platters	Fresh fruit parfait	Fresh fruit	Museli and yoghurt	Fresh fruit and cheese
	DRINK	Milk	Milk	Milk	Water	Water
LUNCH	FOOD	Spaghetti bolognaise	Tuna mornay with salad	Sausages with mash and veg	Vegetarian pasta bake	Chicken and corn patties with salad
	DRINK	Water	Water	Water	Water	Water
AFTERNOON TEA	FOOD	Carrot muffins	Fruit toast and dried fruit	Mini pikelets	Fresh fruit	Vegemite and cheese twists
	DRINK	Milk	Milk	Milk	Milk	Milk
LATE SNACK	<i>Children are given simple sandwiches and water at approximately 4.30pm</i>					

Water	Drinking water is accessible for children at all times through the day
Infants (eating solids)	A variety of healthy foods are offered every day including iron rich foods (meat, poultry, fish, legumes/beans, tofu). Foods of appropriate texture for an infant's age and stage of development will be catered for (puree, chopped, finger food etc.)
Allergies	Children with allergies and/or food intolerances are provided with a tailored version of the regular menu to suit their individual need